

The GATEKeeper



CLARA BARTON
ELEMENTARY

MARCH 2018

IMPORTANT DATES

3/27/2018: Blaze
Pizza Fundraiser
Night, 5-8pm

4/2- 4/6/2018:
Spring Break

5/24/2018: Barton
Open House

5/2018: GPAC
Meeting, TBD

A newsletter for GATE students, their teachers and families.

How And Why Students Relax by Chloe Wu

Spring Break is coming up!! It is time for the GATE students and teachers to relax. Relaxing is important to students because after all, we are still kids and need some to rest. After a long day at school, students may build up stress. Stress is one of the reasons students need to relax. Relaxing will help keep your stress levels in check. Also, having time to relax your body can help you think faster and clearer. Your emotions and mood changing often is another effect of not being able to relax. Psychotherapist Barton Goldsmith said, "We need to give ourselves a break, and a little downtime works well for almost everybody. It doesn't really matter what the activity or inactivity is. The idea is to give your body, mind, and heart a chance to relax and recharge. If you keep going at full speed every day, it can be hard on you, both physically and mentally." Even if you aren't a person that likes to relax, find something that helps you calm down.

Throughout the GATE classes, many students had different ways of relaxing. From Mrs. Williams class, Thashi answered, "My favorite way of relaxing is by sitting in a comfortable spot at home and closing my eyes." Ryan also from Mrs. Williams class said, "My favorite way of relaxing is by playing." Students from Mrs. Garcia's class relaxed by sleeping and reading (Ethan), Tae Kwon Do and Minecraft (Devon), watch TV and play with her sister (Alyssa), and lastly eating (Phoebe). Other ways a student can relax is by writing in a diary, listening to a song, dancing, and hanging out with friends. After all, if you are stressed and need relaxing, studies show that music reduces stress and anxiety.

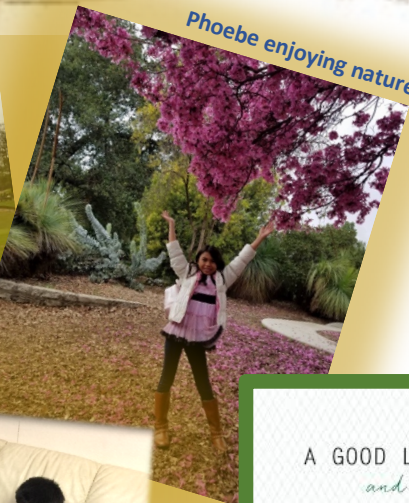
Lana golfing

Phoebe enjoying nature

Nathaniel relaxing



Carson skiing



Mrs. Garcia



Ethan reading

A GOOD LAUGH
and
A LONG SLEEP
are the two best cures
FOR ANYTHING.

Irish Proverb



TEACHER HIGHLIGHTS

3rd Grade P. Williams

"OUR MONTH-LONG STEAM PROJECT TURNED US INTO ASTRONOMER RESEARCHERS WHERE WE STUDIED RECENT FINDINGS ABOUT OUR SOLAR SYSTEM. FROM THE RESEARCH WE BUILT PRESENTATION BOARDS THAT WILL BE USED TO PROVIDE LECTURES TO OUR 3RD GRADE PEERS IN OTHER CLASSES ABOUT OUR FINDINGS. WE ARE WORKING HARD TO CREATE OPPORTUNITIES FOR OUR YOUNG MINDS TO LEARN BY APPLYING "REAL LIFE" SITUATIONS IN OUR DAILY LEARNING. WE ALSO BROUGHT "HOME" TO EARTH OUR ALIEN MODELS WITH THEIR VERY OWN PASSPORTS!"

4th Grade J. Garcia

"THE 4TH GRADE IS IN THE MIDST OF OUR CALIFORNIA MISSION PROJECTS. EACH TEAM WILL TRY TO CONVINCE THE VICEROY TO BUILD THEIR MISSION. ALONG THE WAY, STUDENTS ARE LEARNING TO BUILD WEBSITES, PREZIS, MINECRAFT VIDEOS, AND MORE. WE'LL END OUR MONTH EXPLORING MISSION SAN JUAN CAPISTRANO. AFTER THAT, IT'S "EUREKA, WE DISCOVERED THE GOLD RUSH."

5th Grade C. Ogden

"FIFTH GRADE IS FINISHING UP OUR STATE REPORTS. OUR SECOND ROUND OF GENIUS HOUR PROJECTS WERE OUTSTANDING. SOME OF OUR RESEARCH QUESTIONS WERE; HOW DOES NATURE AFFECT THE BRAIN? WHAT IS HAARP AND HOW WILL IT AFFECT THE WORLD? WHICH STRUCTURE MODE OF COMMON MATERIALS IS STRONGEST IN HARSH WEATHER? AND WHAT IS THE HISTORY BEHIND FAMOUS LOGOS? FINALLY, WE ARE CONCLUDING OUR SCIENCE UNIT ON PLANT AND ANIMAL CELLS."

6th Grade C. Leonard

"IN SIXTH GRADE WE HAVE JUST FINISHED TAKING OUR MATH PLACEMENT TEST THAT DETERMINES THE MATH CLASS THEY WILL BE PLACED INTO NEXT YEAR. ALONG WITH THAT, WE HAVE TOURED RAMIREZ INTERMEDIATE AND LEARNED A LOT ABOUT THE ELECTIVE COURSES AND WHAT IT TAKES TO BE A WOLF. WE ARE CURRENTLY READING IN OUR BOOK CLUBS ABOUT "PERFECT SOCIETIES" AND HOW THEY MAY NOT BE SO PERFECT AFTER ALL."



3rd graders took a field trip to Knott's Berry Farm where they experienced Native American Culture.



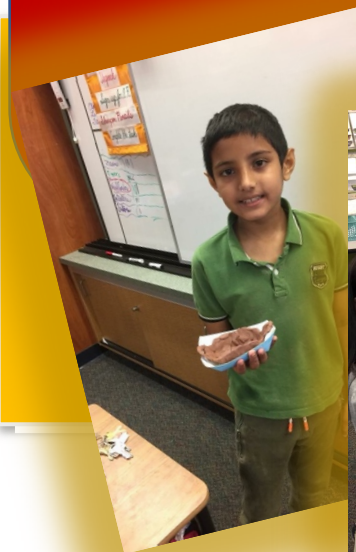
RESOURCES

California Associated for the Gifted
<https://cagifted.org/>

Supporting the Emotional Needs of the Gifted
www.SENGifted.org

InNOut Burger "Cover to Cover" Reading Incentive Program, through April 14th. Sign up for FREE at Eastvale or Corona Public Libraries.

Knott's Boysenberry Festival
March 16-April 8
\$43-\$100
8039 Beach Blvd Buena Park, CA 90620



3rd grade field trip to Knott's



Jump Rope for Heart!

Mrs. Garcia's class on Mission Day

“California Association for the Gifted- What I learned” by Tara Glenny

I had the pleasure of attending the parent day of the CAG conference a couple weeks ago. While there were many workshops to attend, I chose those that offered encouragement and advice on the emotional needs of gifted children. I felt my head nodding with every word each presenter said. Some of the key take aways I had were: 1- knowing your child is a special learner earlier makes children grow more comfortable with it. 2- Working on humility is a lifetime skill. 3- GATE children often have super sensitivities at school including those of intensity, imagination, sensory and a sense of fairness (this particularly hit home for me). And lastly, 4- You may have a child that take things too seriously or too personally, prefers quietness, may be very literal and can't

understand why we don't live by exact words. The elementary school years are a key period of time in developing tools to adjust perception, acceptance and overall maturity for an exceptional child. It's another reason GATE magnet programs are essential as GATE trained teachers may have more development in the social-emotional needs of these unique children. According to the keynote speaker, Dr. Carolyn Callhan (University of Virginia), "GATE student who spend more time concentrated with one another have a great success." It's not just about the academics, as challenging as they may be, it's about the development of the entire child. Several books were recommended as resources including "Smart Girls in the 21st Century" and "Guiding the Gifted Child" by Dr. James "Jim" Webb. Also "The Gifted Kids' Survival Guide" by Judy Galbraith. If you'd like to speak with me about the conference please let me know. Unfortunately, I could not attend all the sessions given they occur simultaneously, however other topics included advocacy/funding and curriculum. Mrs. Garcia was a presenter on day 2 for "Building a Successful Parent Support Team." She had teachers and administrators in attendance during her sessions and specifically highly our GPAC. Wouldn't it be great if every Gifted child had the network and adults we have? I would highly suggest membership in CAG or consider attending next year's conference!



Mrs. Garcia at CAG



Math Field Day participants. Not all the participants are GATE students but many are. We are so proud of your hard work and representation of Barton.



Math Field Day team



6th graders at Science Camp



Our GATE students have been exceptionally busy this past month and we just couldn't contain all our photographs to two pages. Please enjoy the highlights!

6th Grade Science Camp, Math Field Day, County Science Fair , Track & Field Tryouts, 4th grade Mission Day, 3rd grade field trip to Knott's & Spring Band Concert, just to name a few! And while all of these activities build us wholly, we are looking forward to Spring Break!

Spring Band Concert



Track & Field Tryouts



5th graders, James & Zachary both took 1st place in the County Science Fair.



Ashely, 4th grader, made her Junior Olympic debut in swimming.

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